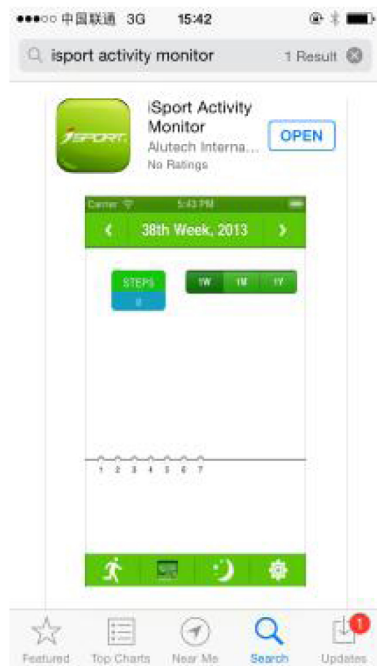


Thanks for ordering a Bluetooth activity tracker ! You can find start up instructions below.

Downloading The iSport activity Monitor App

Search for “ iSport Activity Monitor” on Google Play or iOS App Store. Download and install the App.



Getting Started With Your Device

1. Mobile Device Requirements

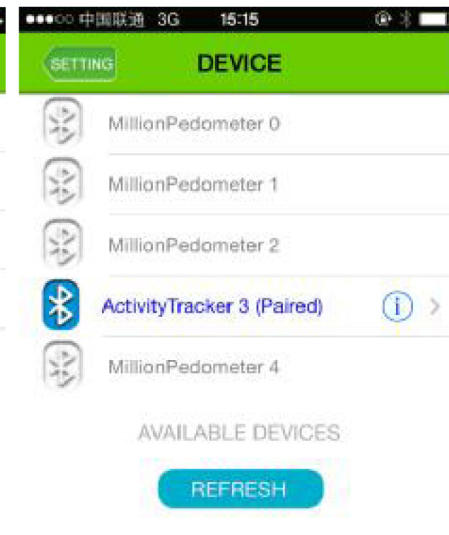
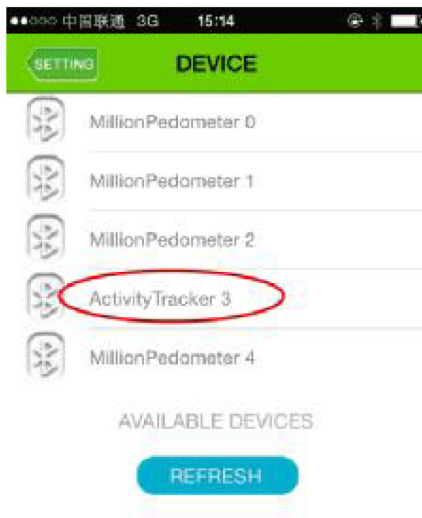
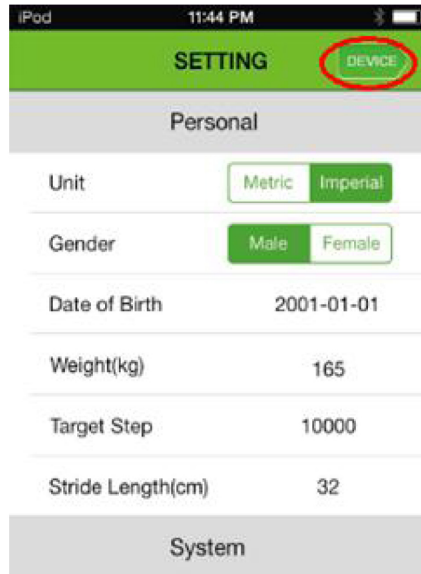
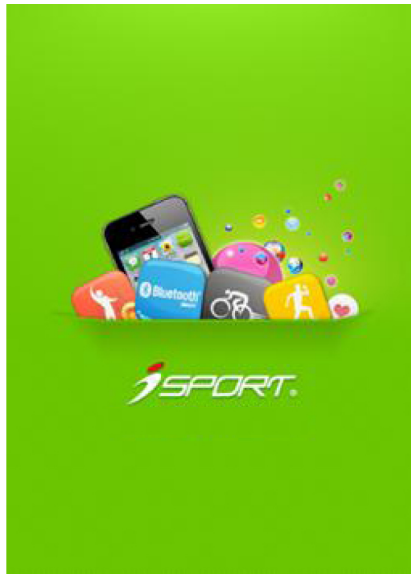
Your phone must be running either **iOS 6.0 and above**, or **Android OS 4.2 and above**. Please check your device settings and update to latest software version before use.

Brand	Phone type	Operating system
iPhone	iPhone 4S	IOS6.0.0
	iPhone 5	IOS6.0.0
	iPhone 5C	IOS6.0.0
	iPhone 5S	IOS6.0.0
	iPod	IOS6.0.0
	iPad	IOS6.0.0
Samsung	Galaxy S3	Android 4.2.2
	Galaxy S4	Android 4.2.2
	Note 3	Android 4.3

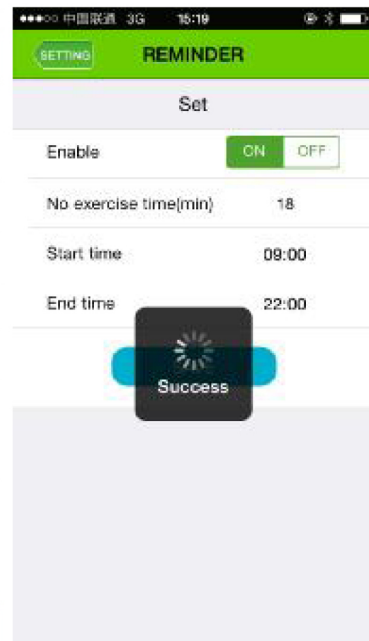
2. Paring Your Device

Please refer to the user manual for a detailed walk-through.

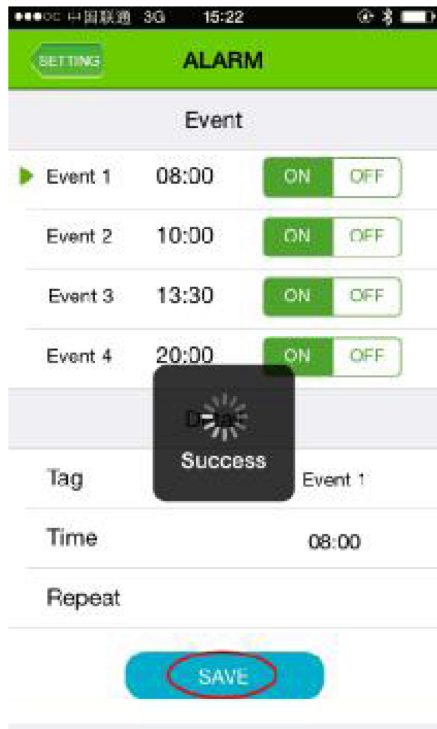
1) Turn on Bluetooth and turn on(open) the App. Enter SETTING--DEVICE , search the activity tracker to pair,



2) SETTING Option, Set your personal info., click "Save" to sync with the Tracker.

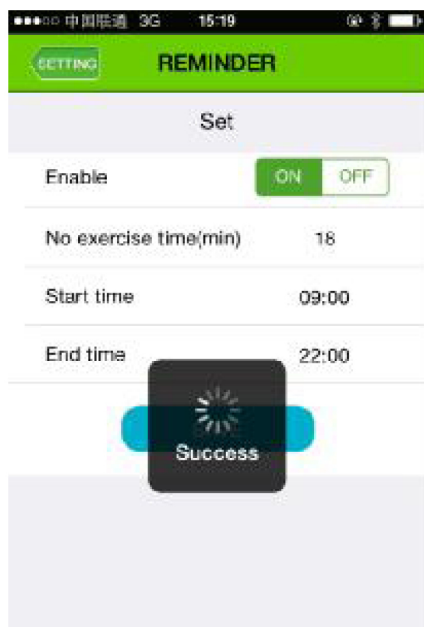


3) Alarm - 4 alarms can be set. When alarm time arrives, the tracker will Vibrate for 30 s.

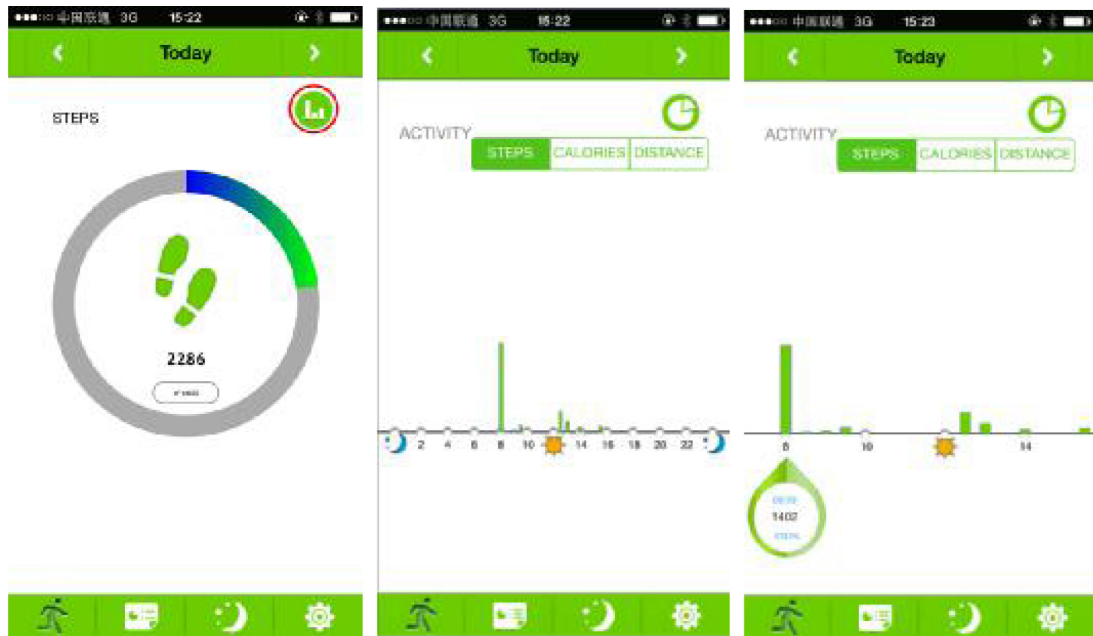


4) Reminder

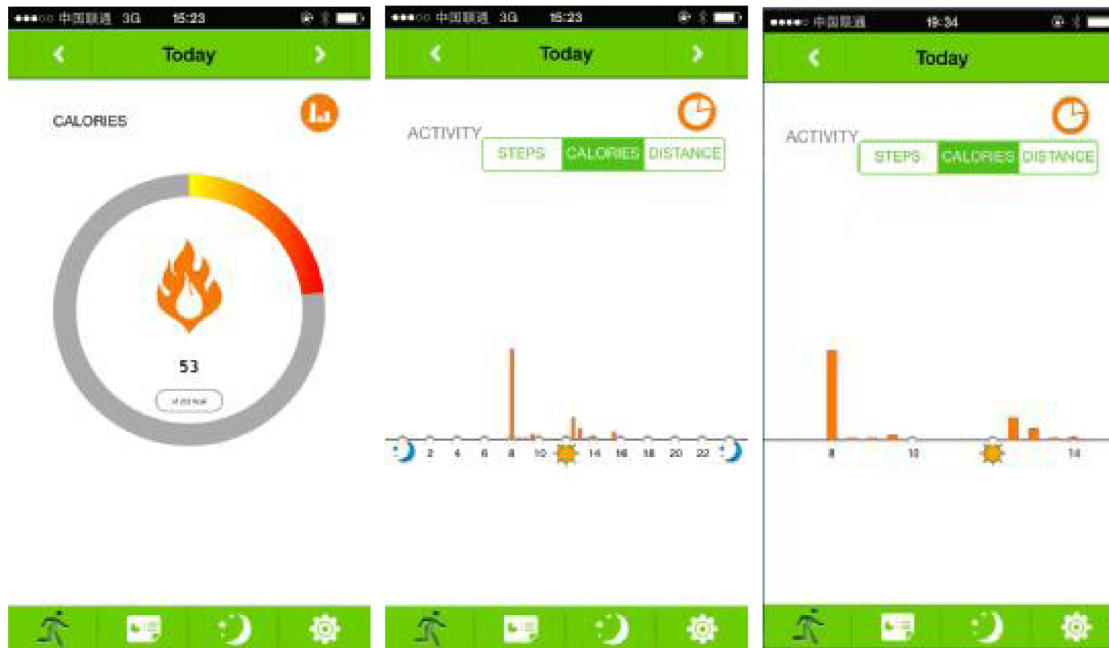
Detailed principle please refer to above specifications.



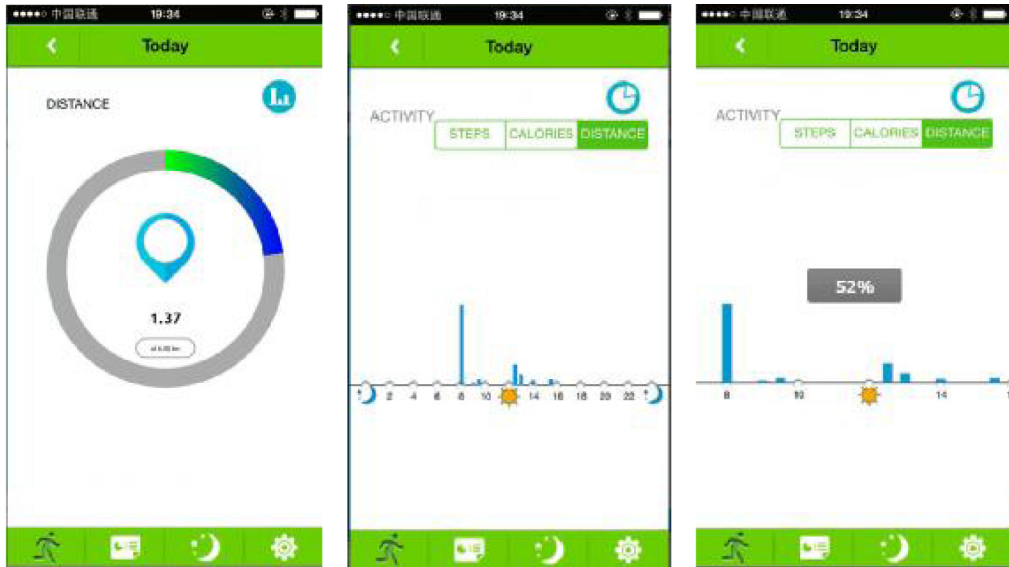
5) Data Review- Current Step



Data Review-Current Calorie

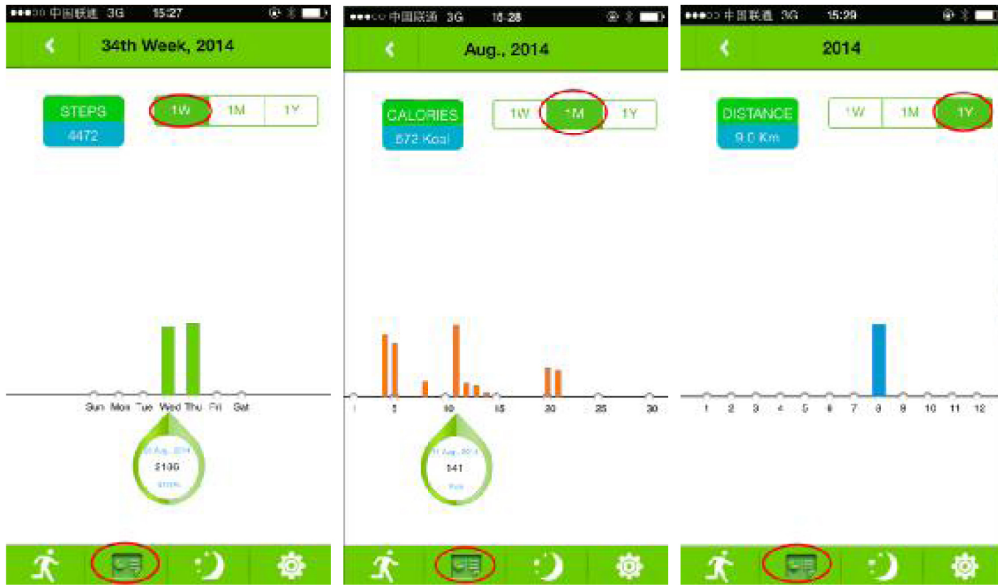


Data Review-Current Distance



6) Data Review- By Week/Month/Year

To switch the Step/calorie/distance, swipe the screen up or down.



- The histogram will show trend of 1W/1M/1Y exercise situation.
- Screen can be enlarged or shrunk, and tickle histogram will show the data of current selection.
- If a band sync with app and a new one sync then,old one data will remain if the use time earlier than new one,and the same days data will be covered by the new one.

7) Sleeping mode



- The higher the histogram is, the poorer sleep quality is. Vice versa.
- Record will be distinguished by 12:00, if pass 12:00, it will be recorded in another day.
- During sleep time will default show last period. It will show current "during sleep time" as selected.